

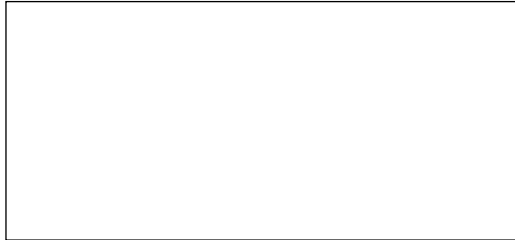


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Papers are to be returned in STRICT NUMERICAL ORDER by student number. If a student writes more than one subject, please keep his/her papers together, in subject order. Thank you.

Life Skills 1 (Personal and Social Well-being & P.E.) – Grade 3

Welcome to your Conquesta Olympiad. Read all the questions carefully. (Teachers may read all text out aloud.) You must decide which is the correct answer for each question – and draw a circle around (a), (b), (c) or (d) on the right hand side of each question. You may only choose one answer for each question.



<b>Example:</b> I brush my ... twice a day.		(a) toes	(b) keys	(c) teeth	(d) bed
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Read the text below and circle the correct answers for questions 1 – 6.

It was a cold day so I thought I would make Mom a cup of coffee ... but things went a little wrong! I burnt my hand with the boiling water.



1.	If you burn yourself with hot water you should .....	(a) put butter on the burn	(b) put the burnt area under cold running water	(c) wrap a blanket around the burn	(d) try and scrape off the burn
2.	Should you call an adult if you burn yourself?	(a) No	(b) Sometimes	(c) Only if it is badly burnt	(d) Yes
3.	Once you have put your hand under the water, you should .....	(a) wash your hand with a sponge	(b) scrub your hand with soap	(c) gently pat it dry	(d) leave your hand to stay wet

4.	Should you pop the blister from a burn?	(a) Yes, pop it when it gets very big.	(b) No, leave it to heal by itself.	(c) No, you should squeeze it.	(d) Yes, you should cut off the top of the blister.
5.	You can get different types of burns. Which is <u>not</u> correct?	(a) electrical burns	(b) heat burns	(c) pot burns	(d) chemical burns
6.	Frostbite is a type of .....	(a) cold burn	(b) hot burn	(c) carpet burn	(d) sun burn

Read the text below and circle the correct answers for questions 7 – 10.

If you do something wrong or hurt someone it is good to say you are sorry.



7.	Another word for saying sorry is to .....	(a) apologise	(b) tearful	(c) apologise	(d) sad
8.	When would be a good time to say you are sorry?	(a) When you get a slice of cake.	(b) When you knock someone over on the playground.	(c) When someone touches your body.	(d) When you hit a good shot in cricket.
9.	You break a window. Which option would <u>not</u> be correct?	(a) Run away before you get caught.	(b) Offer to use some of your pocket money to repair it.	(c) Choose to play soccer away from the window.	(d) Apologise to the owner of the window.
10.	How can you say sorry? Which one is <u>not</u> correct?	(a) Say, "I am sorry."	(b) Write a letter to say you are sorry.	(c) Buy a chocolate for the person.	(d) Don't speak to the person until they are not cross any more.